

# When to Stay Home & Return to School



## Remember....

Children, who go to school while sick, endanger the health of others. A sick child does not learn well at school. Children need to stay at home when they begin to show signs of illness. Staying home in bed at the first sign of illness will help to shorten the length of illness. With the first sign of illness:

Step 1. Keep your child home.

Step 2. Notify the school that your child is sick.

Step 3. Check with your healthcare provider for specific medical advice, diagnosis and treatment.

### ***Guidelines of signs and symptoms to WATCH FOR and REPORT to the school***

Fever	Skin rash	Chills
Flushed face	Runny nose	Cough
Vomiting/Diarrhea	Sore throat	Headache

The law requires the school to send home children who are showing any ***signs and symptoms of illness*** as listed above.

## When to return to school?

In an effort to avoid your child contracting another illness, we request that the following criteria be met before your child returns to school.

- ✓ Temperature below 100° F without medication for 24 hours
- ✓ No diarrhea or vomiting for 24 hours
- ✓ No significant cough, nasal congestion or stomach ache

\* This general information is brought to you by a partnership of Genesee County Health Department and Genesee Intermediate School District, Health, Safety and Nutrition Services in an effort to avoid the spread of disease. For more information visit our websites at [www.gchd.us](http://www.gchd.us) and [www.geneseeisd.org](http://www.geneseeisd.org).

For specific medical advice, diagnosis and treatment check with your healthcare provider.